

Student Health, Safety & HIPAA

TAMU Study Health Services (SHS): <https://shs.tamu.edu/>

The Medical Clinic offers a wide range of services, such as diagnosis and treatment for allergies, cold, flu, and other respiratory infections; strains and sprains; depression and anxiety; general and activity physicals; women's health services.

Appointments / Walk-Ins (when available): Book online or 979-458-8310

Hours of Operation: M-F 8am - 5pm | Closed on University-observed holidays

Address: AP Beutel Health Center, 311 Houston Street, Bldg 520 (across from All Faiths Chapel and Sbisa)

Nutrition Support: Nutrition Services Phone: (979) 458-8327 Fax: (979) 458-8352.

The SHS Registered Dietitian (RD) is able to provide students with a personalized approach to all their nutrition needs and Guided Grocery Store Tours/Cooking Classes (Email: dietitian@shs.tamu.edu)

SHS does not diagnose or initiate medical treatment for ADD/ADHD, nor does it provide ongoing medication refills. Furthermore, SHS does not provide dental or optical services. If a student needs assistance regarding community healthcare resources, please call Patient Services at (979) 458-8310.

The Medical Clinic also provides sexual assault resources, including medical exams, STI testing, prophylaxis and crisis counseling. Currently, SHS does not offer SANE (forensic) exams. Evidence collection must be done at an emergency room.

If you have been a victim of sexual assault, or would like more information regarding sexual assault, please visit titleix.tamu.edu/get-help.

SHS charges \$15 for primary care office visits. For other services provided, SHS offers discounted fees. These charges can all be applied to the student's fee account, which will then be paid to Student Business Services. SHS also accepts all major credit cards, checks (with driver's license, state issued identification card, or passport), as well as payments from Insurance Plans (visit the [Health Insurance webpage](#) for more information).

Follow the below recommendations in non-emergency situations when SHS is closed: For general medical advice: call SHS Dial-A-Nurse to speak with a Registered Nurse regarding your symptoms. Dial-A-Nurse can be reached at (979) 458-8379. Most health insurance companies offer virtual visits for insured individuals. Students insured with the Texas A&M Student Health Insurance plan can utilize MDLIVE for care. Find more information at <https://MDLIVE.com/bcbstx> or call 888-680-8646.

If you are ill or injured and feel you need medical care: visit a local urgent care facility.

Mental Health Emergency Care: HelpLine (Counseling & Psychological Services):

(979) 845-2700

About HelpLine: HelpLine is the after-hours mental health service for Texas A&M University founded in January of 1995. It provides telephone, peer support, information, crisis intervention, and referrals to students, as well as those concerned about students. The HelpLine is available from 4 p.m. to 8 a.m. weekdays and 24 hours a day on weekends when classes are in session. The HelpLine phone number (979.845.2700) is accessible via voice or Relay Service (V/Relay). Learn more about speech and hearing impaired access at RelayTexas.com or Telecommunications Relay Service. The HelpLine is supervised and run by Counseling & Psychological Services (CAPS), a department in the Division of Student Affairs at Texas A&M University.

Student Services Building, 4th Floor

471 Houston St. | 1263 TAMU

College Station, TX 77843-1263

P: 979.845.4427

F: 979.862.4383

caps@tamu.edu

- **Mental Health and Mental Retardation:** (979) 822-6467
- **NAMI Brazos Valley:** (979) 774-4713

Counseling and Psychological Services Website: <https://caps.tamu.edu>

Student Support App:

VIRTUAL CARE PROVIDED BY
TELUS Health

TAMU

**TAKE CARE OF YOUR
MENTAL HEALTH**

STUDENT SUPPORT APP

Download the TELUS Health Student Support app for 24/7 access to professional counseling by phone or chat in multiple languages.

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Texas A&M University Health Services Hi Aggjest

Welcome to a new semester! Whether you're on campus or learning remotely this year, TELUS Health Student Support is here to support you - anytime, anywhere.

Get support

Quick actions

Call Chat Explore Feedback

Recommendations

Professional Care by TELUS

Urgent Care Clinics Near TAMU :Check your insurance plan to confirm if in-network & ER co-pay amount

College Station

Baylor Scott & White Convenient Care Clinic: (979) 207-3636

Brazos Valley Urgent Care: (979) 764-2882

Express Care - St. Joseph Health: (979) 731-5200

Integrity Urgent Care - Century Square: (979) 326-1494

Integrity Urgent Care - Jones Crossing: (979) 326-1486

Bryan

Integrity Urgent Care - The Physician's Centre: (979) 703-1832

Emergency Rooms Near TAMU – Call 911

College Station

- **Baylor Scott & White Medical Center:** (979) 207-0100
- **CapRock 24-HR Emergency Care:** (979) 314-2323
- **St. Joseph Health College Station Hospital:** (979) 764-5100
- **SignatureCare ER:** (979) 213-5728

Bryan

- **CapRock Hospital:** (979) 314-2323
- **Physicians Premier ER:** (979) 775-0911
- **St. Joseph Health Regional Hospital:** (979) 776-3777
- **The Physicians Centre Hospital:** (979) 731-3100

First Aid Kit: (copies of medical coverage & medical information; list of ERs/Urgent Care facilities)

cold/allergy medications	bug spray	sanitizer
antibiotic cream	sunscreen	tweezers
anti-itch cream	band aids	flashlight
eye drops	bandages / tape	antacids/tums
ibuprofen/acetaminophen	thermometer	vitamins (EmergenC)

What do I do or who can assist me when I am sick?

To help ease the concern regarding available healthcare options for AGGIE STUDENTS, I wanted to provide a brief overview of the healthcare services we have available for all currently enrolled students.

Medical Services

- Our [Medical Clinic](#) offers a wide range of services, such as diagnosis and treatment for allergies, cold, flu, and other respiratory infections; strains and sprains; depression and anxiety; general and activity physicals; women's health related issues and more. Our Medical Clinic also offers travel consultations for students planning to travel abroad.
- SHS offers **telemedicine services** for students that allows them to consult with a clinician from the comfort of their residence. To utilize telemedicine services, students must be physically located in the state of Texas during their visit.
- In-person and telemedicine appointment can be scheduled online at shs.tamu.edu/appointments.

Additional Services

- Our [Laboratory](#) offers a variety of lab tests as well as many self-referral tests that do not require a clinician's order. Some self-referral tests available for students include blood sugar, blood type, COVID testing, lipid profile, STI testing and more.
- Students can fill/refill prescriptions as well as purchase affordable over-the-counter (OTC) medications in our clinic [Pharmacy](#). OTC medications can be picked up in our Pharmacy or ordered online via our [OTC medication order form](#).

- [Nutrition Services](#) provides one-on-one nutrition consultations with students. A bod pod screening is also available that helps measure fat and fat free mass. First time appointments can be made on the [Patient Portal](#), by emailing dietitian@shs.tamu.edu, or by calling (979) 458-8327.
- Immunizations and allergy injections are available in [Preventive Medicine](#). COVID-19, influenza, Meningitis, Rabies, and Tdap are just a few of the immunizations we provide.
- [Physical Therapy](#) and [Radiology](#) services are also available for students.

For more information on all available services, please visit our [website](#).

Cost + Insurance

SHS prides itself on providing affordable healthcare services to all students. We are transparent with our pricing prior to a student utilizing our services or receiving follow-up care. On average, the cost for a student to see a clinician for a general medical visit is \$15. Extra charges will be applied for additional services rendered. For information regarding our charges, visit <https://shs.tamu.edu/charges>.

SHS does not require students to have insurance to utilize our services. We are not an in-network provider for most insurance policies. We do, however, courtesy file on behalf of the student after services are rendered. To understand more about how SHS works with health insurance policies, visit <https://shs.tamu.edu/insurance>.

Contact Information

Student Health Services is open Monday-Friday, 8am-5pm. Telemedicine services are extended to provide after-hours care until 7pm on weekdays. SHS is in the A.P. Beutel Health Center on Military Walk, across from All Faiths Chapel and Sbisa. Find directions to our building [here](#).

Stay up to date with service updates, upcoming events, and more by following us on [Facebook!](#)

General inquiries can be submitted via our [contact page](#). If you would like to speak with an SHS staff member, Patient Services can be reached at patient-services@shs.tamu.edu or (979) 458-8310.

As always, please let me know if you have any questions!

Thanks and Gig 'em!

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Student Health Services | Division of Student Affairs
1264 TAMU | College Station, TX 77843-1264

ph: 979.458.8308 | aseivert@shs.tamu.edu | shs.tamu.edu

TEXAS A&M UNIVERSITY | FEARLESS on Every Front

Access to Medical Records & Claim Information

Students \geq 18 years of age own right to privacy of their Protected Health Information (PHI) & need to provide consent for healthcare providers & insurance companies to release info to delegated persons

SHS Medical Records Release form <http://shs.tamu.edu/wp-content/uploads/2020/01/Medical-Records-Release-Form-January-2020.pdf>

- HIPAA Release & Authorization Form
- Health Insurance Authorization for Release of PHI (contact your health insurance company; may expire annually)
- Medical & Statutory Durable Power of Attorney

- Medical Power of Attorney – used if your child becomes unable to make health care decisions and confirmed by physician
- Statutory Durable Power of Attorney – enables you to act for your child regarding life matters (property/financial/social security/taxes) - notarized
- Advance Directive: Directive to Physicians & Family or Surrogates – used if your child becomes unable to provide self-consent

Aggie Mom Tip: *provide HIPAA/medical info card & forms to your student to store on their phone so these are ready to be provided, if needed*

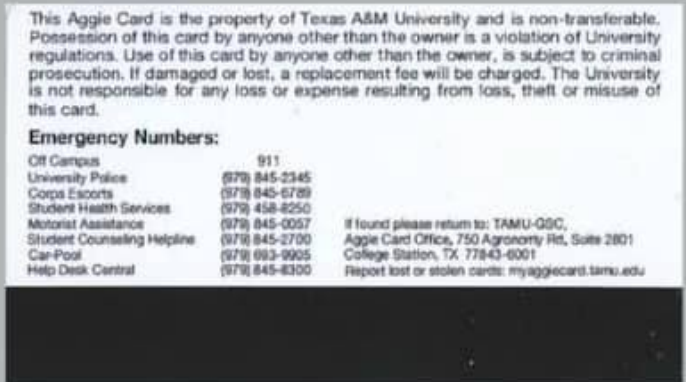


Texas A&M University Police Department



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Did you know?



Important campus phone numbers are on the back of your student ID

